

## MODESTY

Intro:

Sometimes we hear people say, "He sure is a modest individual." But what do they mean by such a comment? What does modesty include? What is the biblical definition of modesty? Often times in the church of Christ we apply the term and principles of modesty to the women and expect them to dress and live in a certain way. But could it be that modesty goes beyond the outward appearance? Perhaps modesty is reflection of the heart.

- I. Modesty is a biblical subject.
  - A. Paul and his comments to women. I Tim 2:9
  - B. Peter's comments on modesty. I Peter 3:1-6
- II. What is modesty?
  - A. Well arranged, decent, appropriate, orderly.
  - B. Good behavior, not self assertive, not conceited.
- III. Modesty may be seen in at least four ways.
  - A. Attitude.
  - B. Word.
  - C. Action.
  - D. Dress.
- IV. Modesty in Attitude.
  - A. The fact of being humble. Not proud.
  - B. The immodest attitude of the Pharisee. Lk 18:9-14
  - C. The modest attitude of the Publican tax collector.
  - D. Immodest attitude oft seen at sporting events, pro - wrestling.
  - E. Immodest attitude would be to proclaim, "I'm the best!"
  - F. Shamefacedness (ability to blush) shows modesty. I Tim 2:9
  - G. Women's lib movement is an immodest movement. Anti-scriptural.
- V. Modesty of Word.
  - A. Using our tongues to flaunt ourselves or say indecent things.
  - B. see notes on tongue and profanity.
- VI. Modesty of Action.
  - A. Immodest action may stem from immodest attitude.
  - B. Bragging or elevating oneself.
  - C. Dancing can be immodest due to indecent movements involved.
  - D. Flirting and "come ons" can be immodest.
  - E. Must watch that we aren't guilty of Lasciviousness (indecenty).
    1. Mk 7:20-23 evil comes from the heart.
    2. Rom 13:13 wantonness condemned. Same as lasciviousness.
    3. Gal 5:19 immodesty one of the works of the flesh.
  - F. Petting and premarital sex condemned.
  - G. Should not watch TV shows that upholds such action.
  - H. Must be careful of health spas and mixed aerobic dancing.
  - I. Elders and wives must be modest in action. I Tim 3:2, I Tim 3:11
- VII. Modesty of Dress.
  - A. Over dressing is immodest. I Tim 2:9
    1. wearing too much jewelry, gold, expensive clothes.
    2. some "big church meetings" seem to be full of immodesty.
  - B. Under dressing can be immodest. Gen 3:7.
    1. swim wear is usually immodest.
    2. men or women going topless is immodest.
    3. mixed swimming, spas, etc. are immodest.
- VIII. We will be held accountable for the thoughts we evoke in others.