

PRESIDING AT THE LORD'S TABLE  
(suggested talks)

I. EXPLANATION OF EACH ITEM ON THE TABLE

Suggested readings. Mt26:26-29, Mk 14:22-24, Lk 22:19-20, I Cor 10:16-17,  
I Cor 11:23

A. One Loaf (artos: singular in the Greek)

1. represents Christ's one physical body.
2. displays Christ's one spiritual body.
3. reminds us of the fact that there is only one church.
4. portrays one perfect sacrifice for sin, Christ Jesus, lamb of God.
5. no leaven in bread for yeast is a symbol of sin.
6. reminds of us of the one lamb per house in the OT passover.

B. One Cup (poterion: Gk. - singular drinking vessel)

1. represents the new covenant/testament.
2. displays that there is only one relationship with God.
3. reminds us that the old covenant has passed away.
4. the cup has spiritual significance.

C. Fruit of the Vine

1. represents the blood of Christ.
2. without the shedding of blood there is no remission of sins.
3. Christ's blood ratified or validated the New Covenant.
4. only unfermented grape juice used during passover.
5. may not use wine or alcoholic grape juice on Lord's table.

Note:

3 things happened when Jesus died on the cross. First, he gave his body. Second, he shed his blood. And third, he ratified the New Covenant which we now have with God. All 3 of these things are portrayed in the Lord's Supper. The one loaf represents Christ's body. The unfermented grape juice represents Christ's blood. And the one cup represents the New Covenant.

Note:

The one who presides at the table should be careful to explain what each item represents. We must remember that there are 3 items and that all 3 have significance. The reason we often explain each item is so that we might remind ourselves of their significance and so that children or non-members might know what we are doing. The above cited passages are always appropriate readings before the supper takes place.

